

COTSWOLD

SPRING CLASSIC SPORTIVE



SUPPORTING **AGAINST**
breast cancer

Easter Monday – 22nd April 2019

The Cotswold Spring Classic is back for 2019. It is IMPORTANT that you take time to read this Rider Manual before you travel to the event to ensure you fully understand the format of the event and the terms & conditions under which you participate.

There is always an element of risk when participating in an active sport on the public highway, this Rider Manual provides you with the necessary information to help minimise those risks and ensure you get the most out of your time with us on the event.

EVENT HQ: Cirencester Deer Park School, Stroud Road, Cirencester, GL7 1XB
Telephone (emergency number and in advance of event): 01285 339009
Email: andy.kirk@veloevents.co.uk

DIRECTIONS:

From Swindon / M4: Follow A419 for Cirencester
Take first Cirencester exit signposted 'Cirencester Industrial Estate / Stroud'
Follow to roundabout and take 2nd exit signposted 'Stroud'
Follow to roundabout and take 2nd exit signposted 'Through Traffic'
Follow to next roundabout and take 2nd exit signposted 'Through Traffic'
Continue up the hill to next roundabout and take 3rd exit signposted 'Stroud'
As you exit the roundabout, take first right onto access lane where you will pick up signs for event parking

From Gloucester / M5: Follow signs for Cirencester along the A417
Exit at main Cirencester junction 'Burford Road Junction' and turn right for Cirencester
Follow past BP garage on left, towards the town until you come to a roundabout, take the first exit signposted for 'Swindon / S West'
Follow to next roundabout, take fourth exit signposted 'S West / Stroud'
Follow to roundabout and take 2nd exit signposted 'Through Traffic'
Follow to next roundabout and take 2nd exit signposted 'Through Traffic'
Continue up the hill to next roundabout and take 3rd exit signposted 'Stroud'
As you exit the roundabout, take first right onto access lane where you will pick up signs for event parking

From Stroud: Follow signs towards Cirencester, just after the Royal Agricultural University on your right, take the first left into the back gate of Cirencester Deer Park School. If you get to the main school entrance, you've gone too far!!

PARKING:

There is ample hard standing parking at Cirencester Deer Park School and the adjoining college and business park for all riders taking part in the event.

If you are being dropped off by someone else who is not staying for the duration of the event, please use the drop off zone in the access road outside the college – once you pass the drop off zone there will be a one-way system in effect and you will not be able to leave the college until after all the riders are on the road.

Please follow the directions of the parking marshals, they are there to get you parked as quickly as possible.

HQ FACILITIES:

Toilets – there will be a number of sets of toilets at the school on the day, including by the main hall, port-a-loos just outside the building, and additional toilets in the changing rooms all of which will be signposted.

Changing – there are changing rooms (male and female) available which will be signposted from the sign-on area. Please do not leave anything in the changing rooms during the day. All belongings need to be returned to your car. After the event, there will be hot showers available in the changing rooms.

REGISTRATION:

Event registration will be available on the morning of **Monday 2nd April** (the day of the event). Monday morning registration will open at 7am and will again be in the main school building.

When signing on, please locate the correct table to sign on (set out in rider number order). You will be asked to sign on, and also leave an emergency contact number – this number needs to be someone we can contact in case of an incident **DO NOT** leave the number of someone that is on the ride with you.

When you register, you will be given your bike number and your timing chip. The number should be attached to the front of your handlebars using the zip ties supplied, and the timing chip attached to your headtube with the supplied Velcro strapping. Along with this you will be given some energy product, an event wrist band (food voucher) and an emergency route map to carry with you on the ride.

BREAKFAST SERVICE:

There will be a breakfast service provided in the main sign-on building on the Monday – this will include tea, coffee, bacon or egg rolls and fruit, all at very reasonable prices (hot drinks £1.00 each, bacon or egg rolls £2.00 each – or a hot drink and a breakfast roll for £2.50).

There will also be a barista stand in the main hall serving your favourite brew to get you ready for the off.

TERMS & CONDITIONS:

All riders should understand that by entering the Cotswold Spring Classic they are agreeing to the following terms and conditions:

1. Participants are responsible for the roadworthiness of their own cycle.
2. No accompanying vehicles are allowed to follow riders. Any participant failing to observe this regulation will be withdrawn from the event.
3. This event is not a race or trial of speed, but a personal challenge and as such there will be no list published which sorts riders either in finishing time or finishing position order. An alphabetical list of finishers and times will be published.
4. As the event takes place on the open road, riders must abide by the Highway Code at all times. Riders should be aware that when riding on a public highway the function of marshals is only to indicate direction and that riders must decide whether the movement is safe.
5. The wearing of Hard Shell Style Helmets is compulsory for all riders under UCI regulations for 2019.
6. All participants under the age of eighteen must gain the consent of their parent/guardian prior to completing their entry. Participants must be a minimum of 12 years old, and a parent or guardian must accompany riders under the age of eighteen. Participants under the age of eighteen must also supply a signed consent form.
7. The use of triathlon handlebars is discouraged. However, where riders do have them fitted they are not to be used when riding in a group.
8. Riders participate in this event entirely at their own risk, and must rely on their own ability in dealing with all hazards, and must ride in a manner which is safe to themselves and others.
9. No liability whatsoever shall attach to the organiser/promoter, promoting club/organisation, event sponsors, British Cycling or any event official or member of British Cycling or member of the promoting club /organisation in respect of any injury, loss or damage suffered by riders in or by reason of the event, unless such injury, loss or damage is proven to be caused by the negligence of the aforementioned. If riders do not abide by these terms and conditions the organisers will make all reasonable efforts to remove them from the event, and British Cycling will use all efforts to restrict participation in future British Cycling competitive and non-competitive events.

Refund Policy

Applications are strictly personal, firm and binding and fees shall not be refunded for any reason. Applications can, under no circumstances, be transferred to another person, whatever the reasons.

STARTING PROCEDURE:

102km and 163km route riders only – riders will be able to start from 8am following the briefing given by the events Route Director. Riders will be set off in groups of approx. 30 riders at a time. Please ensure you listen carefully to the briefing given as it will include important safety information about your ride. ALL riders on the 102km and 163km routes must be on the road by 9am at the latest.

Please be aware of your personal ability, the finish will close at 5.30pm – therefore if you think you will struggle to get back in time make sure you are on the start line ready to leave at 8am in one of the early groups.

54km riders only – riders on the 54km route must be ready to start at 9.15am following the briefing given by the events Route Director. Riders will be set off in groups of approx. 30 riders at a time. Please ensure you listen carefully to the briefing given as it will include important safety information about your ride.

Riders CANNOT start the 54km route before 9.15am, if you do the signs for the short route will not be in place and you will automatically be directed onto the mid and long routes.

ALL riders on the 54km route must be on the road by 9.30am at the latest – at which point the start will close and NO ADDITIONAL RIDERS will be able to start the event. The signage down team will depart at 9.30am to clear the route of signs.

TIMING SYSTEM:

When you start you will cross a timing mat, this will start recording your time and continue recording until you cross the finish line. There will be an additional timing points on the route (at the three timed climbs), please make sure you pass over the mats to record your time. Your time will stop recording once you cross the finish line at the end of the ride.

Riders times will be published on the event website within 48 hours of the end of the event.

ROUTE MARKING:

The route will be fully signed with white arrows on a red background, whilst we endeavour to make sure the signs are not tampered with we cannot guarantee this – therefore if you are unsure of a signs position, or think it may have been tampered with, please contact the event HQ on 01285 339009 to check.

On the route there are also ‘caution’ signs, these have been placed for your safety – and if you see them please take extra care.

Route splits are clearly marked, and you do not need to decide which route you are doing until you get to them (with the exception of the 54km route riders).

Emergency route maps will be given to all riders during the morning sign-on, please ensure you carry these with you at all times. If you are using a Garmin, or other GPS device and would like to download the routes onto your devices please use the following links:

163km Route: <https://ridewithgps.com/routes/29744155>

102km Route: <https://ridewithgps.com/routes/29744151>

54km Route: <https://ridewithgps.com/routes/29744149>

Use the ‘EXPORT’ tab to the right of the map and select “GPX Route (.gpx)”.

Additional route information – please be aware that the 163km route includes some very tough climbs, and technical descents. Some may think that there is not much climbing, but you are in the Cotswolds and when roads go up – they’re steep!! The last third of the long route includes a lot of the major climbs, therefore if you are not sure of your ability this early in the season please don’t risk it. We do run a broom wagon and if you get caught by it we will have to pull you out of the event for your own safety.

EMERGENCIES:

If you should witness and incident where a fellow participant or member of the public appear to need assistance we would urge you to stop and offer help.

If it is clear a casualty requires hospital treatment, please call **999** first, followed by the event HQ to inform us of what is happening. We also have a team of event medics on hand, therefore if the incident is not serious (cuts / grazes etc) please call the event HQ and we can send the event medical team to assist rather than the emergency services.

We and/or the emergency services will need to know your location, if you have a bike computer recording the distance you can use it to work out where you are using the emergency route map provided – if you don't have a bike computer, stop another rider and ask them.

If you have a GPS or Smart Phone, these can be used to identify your location. Be prepared, if you have a smart phone install the ViewRanger App. which has a Buddy Beacon that can be used to ID your location. For more information visit www.viewranger.com

MECHANICAL SUPPORT:

Mechanical assistance is available for emergencies only. You should aim to be self-sufficient. Please carry your own spare inner tubes and a basic repair kit.

If you require mechanical assistance please contact the event HQ using the emergency contact number.

FEED ZONES:

There are two feed stations on the route.

54km route – there is one feed station at approx. 37km at Performance Cycles in Poulton

102km route – there is one feed station at approx. 56km at Performance Cycles in Poulton

163km route – there are two feed stations, the first at approx. 56km at Performance Cycles in Poulton and a second at 112km n Elkstone.

There will be a selection of food and drink available at the feed zones, along with toilet facilities. Please respect the villages that you will be riding through and **DO NOT** use the side of the road, or gateways, as a toilet stop! Please ensure you use the bins provided and **DO NOT DROP LITTER**.

If you have any special dietary requirements and would like us to take food to the feed station for you, please hand it in at sign on in a clearly labelled bag and we will make sure it is there waiting for you.

EVENT PHOTOGRAPHY:

There will be a number of photographers out on the course from www.sportivephoto.com and pictures will be available to purchase via their website after the event.

BROOM WAGON:

There will be a broom wagon in operation following the event at an average speed of 12mph (102km & 163km route only) and they will be collecting the route signs as they go. If the broom wagon catches up with you they may ask you to take a short cut to get yourself back ahead of them, they are doing this for your safety and wellbeing so please follow their instructions. If you refuse to take a short cut / or their help, they will remove your timing chip and you will no longer be classed as part of the event.

CUT OFF TIMES:

Due to the nature and length of the course, and the need to get back to the event HQ before the 5.30pm closing time we will be operating cut off times along the route, based on the average speed of the riders. These times will be as follows:

102km/163km route split from 54km route (closing the longer routes) – 9.30am

163km route split from 102km route – 1pm

163km route, Chalford / Old Neighbourhood Climb @ 149km 4pm

FINISHING PROCEDURE:

You must ensure you cross the finish line to record an official time.

If for any reason you do not complete the route, you must return to the event HQ and return your timing chip so we know you are no longer out on the course.

POST RIDE REFRESHMENTS:

When you have completed the ride there will be hot food waiting for all riders. This will be available in the hall where you signed on and is free in exchange for your refreshment voucher (wrist band that you will be issued at sign-on).

There will also be additional food to purchase, including sandwiches, cake, hot drinks and pasta.

A quick note from your organiser....

The 2019 Cotswold Spring Classic is being run in support of Against Breast Cancer, Breast Cancer is a disease that affects countless people's lives – and you can be pretty certain that at some time in your life either a family member or close friend will suffer with it, or take preventative measures to try and stop them getting it. As a father of three little girls (and with two older sisters!) it is something that I can be almost certain will have an impact on my life in the future.

Against Breast Cancer are leading the way in research into secondary spread, which will mean a life free from cancer for thousands of people.

If you haven't already, it's not too late to visit the [Against Breast Cancer website](#) and fundraise for them – either off the back of the ride you are doing on Easter Monday, or at our Autumn Classic in October. You can also order an event jersey on Monday, from which at least £10 of every purchase will go directly to the charity.

EVENT PARTNERS AND SPONSORS

Velo Events gratefully acknowledge all the help and support we receive from all of our event partners and suppliers, without whom running an event like this would not be possible. Please take the time to visit their trade stands at the event HQ after your ride.

AGAINST[®] breast cancer



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