

COTSWOLD

AUTUMN CLASSIC SPORTIVE



SUPPORTING **AGINST**
breast cancer

Sunday 6th October 2019

The Cotswold Autumn Classic, supporting Against Breast Cancer returns for its eighth year – bigger and better than ever before. It is **IMPORTANT** that you take time to read this rider manual before you travel to the event to ensure you fully understand the format of the event and the terms and conditions under which you participate. There is always an element of risk when participating in an active sport on the public highway, this rider manual provides you with the necessary information to minimise those risks and ensure you get the most out of your time with us on the event.

EVENT HQ: Cirencester Deer Park School, Cirencester, GL7 1XB
Contact Telephone Number: 01285 339009
Email: andy.kirk@veloevents.co.uk

DIRECTIONS:

From Swindon / M4: Follow A419 for Cirencester
Take first Cirencester exit signposted 'Cirencester Industrial Estate / Stroud'
Follow to roundabout and continue straight on (first exit currently blocked / under construction)
Follow to roundabout and take 2nd exit signposted 'Stroud'
Follow to roundabout and take 2nd exit signposted 'Through Traffic'
Follow to next roundabout and take 2nd exit signposted 'Through Traffic'
Continue up the hill to next roundabout and take 3rd exit signposted 'Stroud'
As you exit the roundabout, take first right onto access lane where you will pick up signs for event parking

From Gloucester / M5: Follow signs for Cirencester along the A417
Exit at main Cirencester junction 'Burford Road Junction' and turn right for Cirencester
Follow past BP garage on left, towards the town until you come to a roundabout, take the first exit signposted for 'Swindon / S West'
Follow to next roundabout, take fourth exit signposted 'S West / Stroud'
Follow to roundabout and take 2nd exit signposted 'Through Traffic'
Follow to next roundabout and take 2nd exit signposted 'Through Traffic'
Continue up the hill to next roundabout and take 3rd exit signposted 'Stroud'
As you exit the roundabout, take first right onto access lane where you will pick up signs for event parking

From Stroud: Follow signs to Cirencester, past the main entrance to Cirencester College on the left
After you've past the main entrance (before the roundabout) turn left onto access road where you will pick up signs for event parking

PARKING:

There is ample hard standing parking at Cirencester Deer Park School and Cirencester College for all riders, along with overflow parking available at Cirencester Business Park (off the roundabout just before you arrive).

If you are being dropped off by someone else who is not staying for the duration of the event, please use the drop off zone in the access road outside the college – once you pass the drop off zone there will be a one-way system in effect and you will not be able to leave the college until after all the riders are on the road.

Please follow the directions of the parking marshals, they are there to get you parked as quickly as possible.

HQ FACILITIES:

Toilets – there will be a number of sets of toilets at the school on the day, including by the main hall and additional toilets by the the changing rooms, all of which will be signposted.

Changing – there are changing rooms (male and female) available which will be signposted from the main registration building. Please do not leave anything in the changing rooms during the day. All belongings need to be returned to your car. After the event, there will be hot showers available in the changing rooms. Please be aware that other sports clubs also use the school on a Sunday, therefore there may be other users present at the same time as you.

REGISTRATION:

Event registration will open at 7am and will be in the main school building. Please locate the correct table to sign on (set out in rider number order). You will be asked to sign on, and also leave an emergency contact number – this number needs to be someone we can contact in case of an incident **DO NOT** leave the number of someone that is on the ride with you.

When you register, you will be given your bike number, timing chip (to be mounted to you or your bike) and a wrist band – your wrist band identifies you as a participant in the event and acts as your 'food voucher' both out on course and also when you get back to the finish. The number should be attached to the front of your handlebars using the zip ties supplied. Along with this you will be given some energy product and an emergency route map.

BREAKFAST SERVICE:

There will be a breakfast service provided in the main sign-on building on the Sunday – this will include tea, coffee, bacon or egg rolls and fruit, all at very reasonable prices (hot drinks £1.00 each, bacon or egg rolls £2.00 each – or a hot drink and a breakfast roll for £2.50).

TERMS & CONDITIONS:

All riders should understand that by entering the Cotswold Autumn Classic they are agreeing to the following terms and conditions:

1. Participants are responsible for the roadworthiness of their own cycle.
2. No accompanying vehicles are allowed to follow riders. Any participant failing to observe this regulation will be withdrawn from the event.
3. This event is not a race or trial of speed, but a personal challenge and as such there will be no list published which sorts riders either in finishing time or finishing position order. An alphabetical list of finishers and times will be published.
4. As the event takes place on the open road, riders must abide by the Highway Code at all times. Riders should be aware that when riding on a public highway the function of marshals is only to indicate direction and that riders must decide whether the movement is safe.
5. The wearing of Hard Shell Style Helmets is compulsory for all riders under UCI regulations for 2019.
6. All participants under the age of eighteen must gain the consent of their parent/guardian prior to completing their entry. Participants must be a minimum of 12 years old, and a parent or guardian must accompany riders under the age of eighteen. Participants under the age of eighteen must also supply a signed consent form.
7. The use of triathlon handlebars is discouraged. However, where riders do have them fitted they are not to be used when riding in a group.
8. Riders participate in this event entirely at their own risk, and must rely on their own ability in dealing with all hazards, and must ride in a manner which is safe to themselves and others.
9. No liability whatsoever shall attach to the organiser/promoter, promoting club/organisation, event sponsors, British Cycling or any event official or member of British Cycling or member of the promoting club /organisation in respect of any injury, loss or damage suffered by riders in or by reason of the event, unless such injury, loss or damage is proven to be caused by the negligence of the aforementioned. If riders do not abide by these terms and conditions the organisers will make all reasonable efforts to remove them from the event, and British Cycling will use all efforts to restrict participation in future British Cycling competitive and non-competitive events.

Refund Policy

Applications are strictly personal, firm and binding and fees shall not be refunded for any reason. Applications can, under no circumstances, be transferred to another person, whatever the reasons.

STARTING PROCEDURE:

100km and 160km route riders only – riders will be able to start from 8am following the briefing given by the events route director. Riders will be set off in groups of approx. 30-40 riders at a time. Please ensure you listen carefully to the briefing given as it will include important safety information about your ride.

ALL riders on the 100km and 160km routes must be on the road by 9am at the latest, after 9am the 100km and 160km route splits will be removed and all riders will be directed along the 60km route.

Please be aware of your personal ability, the finish will close at 4.30pm – therefore if you think you will struggle to get back in time make sure you are on the start line ready to leave at 8am in one of the early groups.

60km riders only – the 60km route start will be at 9.15am following the briefing given by the events route director. Riders will be set off in groups of approx. 30-40 riders at a time. Please ensure you listen carefully to the briefing given as it will include important safety information about your ride.

ALL riders on the 60km route must be on the road by 9.30am at the latest – at which time the start line will close and no additional riders will be able to join the route. At this point the broom wagon will depart and start to remove signs from the course.

TIMING SYSTEM:

When you start you will cross a timing mat, this will start recording your time and continue recording until you cross the finish line. There will be an additional timing point on the 160km route, please make sure you pass over the mat to record your time. Your time will stop recording once you cross the finish line at the end of the ride.

Riders times will be published within 48hours of the end of the event.

ROUTE MARKING:

The route will be fully signed with white arrows on a red background, whilst we endeavour to make sure the signs are not tampered with we cannot guarantee this – therefore if you are unsure of a signs position, or think it may have been tampered with, please contact the event HQ on 01285 339009 to check.

On the route there are also ‘caution’ signs, these have been placed for your safety – and if you see them please take extra care.

Route splits are clearly marked, and you do not need to decide which route you are doing until you get to them (with the exception of the 60km route riders who must select this route before they start based on their start time).

Emergency route maps will be given to all riders during the morning sign-on, please ensure you carry these with you at all times. If you are using a Garmin, or other GPS device and would like to download the routes onto your devices please use the following links:

160km Route: <https://ridewithgps.com/routes/25663906>
(NOTE – at the split points follow ‘Long Route’)

100km Route: <https://ridewithgps.com/routes/25663912>
(NOTE – at the split points follow ‘Mid Route’)

60km Route: <https://ridewithgps.com/routes/25663897>
(NOTE – at the split points follow ‘Short Route’)

Use the ‘EXPORT’ tab on the right of the screen to download the route if required.

Please note, the route has been changed from the outline route that was put onto the event website – and may yet be subject to last minute change again due to unforeseen circumstances.

EMERGENCIES:

If you should witness and incident where a fellow participant or member of the public appear to need assistance we would urge you to stop and offer help.

If it is clear a casualty requires hospital treatment, please call **999** first, followed by the event HQ to inform us of what is happening.

The emergency services will need to know your location, if you have a bike computer recording the distance you can use it to work out where you are using the emergency route map provided – if you don't have a bike computer, stop another rider and ask them.

If you have a GPS or Smart Phone, these can be used to identify your location. **Be prepared**, if you have a smart phone install the ViewRanger App. which has a Buddy Beacon that can be used to ID your location. For more information visit www.viewranger.com

MECHANICAL SUPPORT:

Mechanical assistance is available for emergencies only. You should aim to be self-sufficient. Please carry your own spare inner tubes and a basic repair kit.

If you require mechanical assistance please contact the event HQ using the emergency contact number.

FEED ZONES:

There are two feed stations on the route.

60km route – there is one feed station at 30km at Performance Cycles in Poulton.

100km route – there is one feed station at approx. 50km at Performance Cycles in Poulton.

160km route – there are two feed stations, the first at approx. 50km at Performance Cycles in Poulton (shared with the 60km and 100km route) and a second at 109km at the top of the Broadway climb.

There will be a selection of food and drink available at the feed zones, along with toilet facilities. Please respect the villages that you will be riding through and **DO NOT** use the side of the road, or gateways, as a toilet stop!

Please ensure you use the bins provided and **DO NOT DROP LITTER.**

EVENT PHOTOGRAPHY:

There will be a number of photographers out on the course from www.sportivephoto.com and pictures will be available to purchase via their website after the event.

BROOM WAGON:

There will be a broom wagon in operation following the event at an average speed of 12mph (100km & 160km route only) and they will be collecting the route signs as they go. If the broom wagon catches up with you they may ask you to take a short cut to get yourself back ahead of them, they are doing this for your safety and wellbeing so please follow their instructions.

CUT OFF TIMES:

Due to the nature and length of the course, and the need to get back to the event HQ before the 4.30pm closing time we will be operating cut off times along the route, based on the average speed of the riders. These times will be as follows:

100km/160km route split from 60km route – 9.20am

160km route split from 100km route – 12.00pm

160km route, Stow on the Wold @ 86km 1.00pm (at which point you will be directed onto a short cut to avoid the far north section of the route)

FINISHING PROCEDURE:

You must ensure you cross the finish line to record an official time.

When you cross the line you will be given a finishers pack and medal.

If for any reason you do not complete the route, you must return to the event HQ and return your timing chip so we know you are no longer out on the course.

POST RIDE REFRESHMENTS:

When you have completed the ride there will be hot food waiting for all riders. This will be available in the main hall and is free in exchange for your refreshment voucher (your wrist band you were issued at sign-on).

There will also be additional food to purchase, including sandwiches, cake, hot drinks and pasta.

POST RIDE MASSAGE:

There will be post ride massage offered free of charge to all riders – they will be accepting donations for our charity partner Against Breast Cancer.

EVENT PARTNERS AND SPONSORS

Velo Events gratefully acknowledge all the help and support we receive from all of our event partners and suppliers, without whom running an event like this would not be possible. Please take the time to visit their trade stands at the event HQ after your ride.

AGAINST[®] breast cancer



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2019 RIDER MANUAL